



15TH - 21ST APRIL

Featuring international-best selling author,
RAYNOR WINN



ISLES
OF
Scilly



#WALKSCILLY

VISITISLESOFSCILLY.COM/WALKSCILLY



Welcome to Walk Scilly

Welcome to Walk Scilly – a wonderful range of guided walks this springtime which will allow you to experience the inhabited (and uninhabited) islands across our tiny archipelago. Spend time with our handpicked expert guides, wandering around the Isles and getting to know the personalities of each island, their remarkable history, extraordinary wildlife and special lifestyle.

Spring comes early to Scilly and these timely expeditions, including the rare opportunity to visit some of the uninhabited islands, is not to be missed.

All walks are graded - easy, moderate or hard - and the team at the award winning Tourist Information Centre will be happy to answer any questions and help you plan and book your walks.

Enjoy!

The team at the Islands' Partnership

A Guide to Walk Grades:

EASY

Easy stroll on road and path, generally level walking, no hills.

MODERATE

Fairly easy walk on paths but some will be uneven and narrow. There will also be some inclines; or some walking on beaches.

HARD

Fairly strenuous, several inclines/some hills and uneven, narrow paths (or when there is a beach landing off a boat); walking at a slightly faster pace.

We estimate that most of the all-day walks (roughly 10.30am – 4.30pm with a lunch stop) are probably in the region of 5 or 6 miles.

If you have particular mobility issues, please contact the Tourist Information Centre and they will be happy to advise further.

Booking

Unless otherwise stipulated in the individual walk description, you can book your walks with the team at the Tourist Information Centre, Porthcressa Bank, St. Mary's -

01720 620600 | info@visitislesofscilly.com

**You can also find out more at
[visitislesofscilly.com/walkscilly](https://www.visitislesofscilly.com/walkscilly)**

Saturday 15th April

Feathers & Flippers: Scilly Seabirds and Seals

ST. MARY'S / ST. AGNES

Join birder and environment academic Dr Rob Lambert plus a local SMBA boatman Joe Pender, on a marine meander inside the archipelago in search of breeding seabirds, passage wading birds, sea ducks, divers, and Atlantic grey seals. We will focus on the seabird city of Mincarlo (Norrard Rocks) with a dash over to Annet. Dogs on leads welcome. Bring binoculars and a warm jacket. Trip will drop off on St. Agnes, with ticket valid for return to St. Mary's Quay later in the day on a SMBA boat.

Guides: Dr Rob Lambert & Joe Pender, SMBA Skipper

Time: 10.15am – 12.15pm

Meet: St. Mary's Quay

Length of Trip: 2 hours

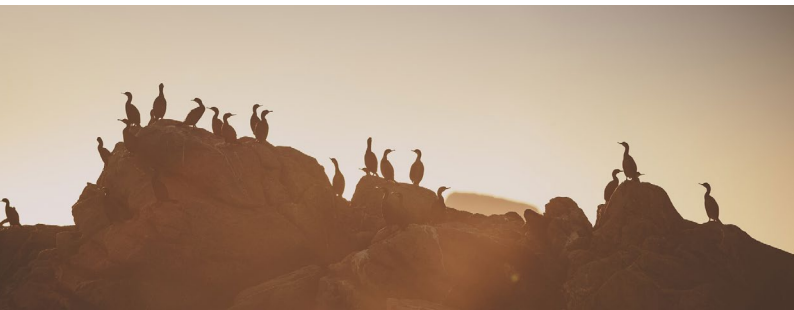
Max No People: 50+

Family Friendly: Yes

Dogs Welcome: Yes

Walk Grade: Easy – on a boat!

Cost: £21.00 per person | children £10.50 (boat ticket **included**)





Tresco Abbey Garden - Clive Nichols

The Head Gardener's Guide to the Abbey Garden

TRESCO

A unique opportunity to discover Tresco Abbey Garden alongside the people that know it best: Head Gardener Andrew Lawson and Curator Mike Nelhams. Between them, Andrew and Mike have over 80 years' experience of this 19th Century, Grade I listed garden.

Guides: Andrew Lawson & Mike Nelhams

Time: 10.30am – 12.30pm **Meet:** Tresco Abbey Garden entrance

Length of Walk: 2 hours **Max No People:** 24

Family Friendly: Yes **Dogs Welcome:** Yes, on leads

Walk Grade: Easy **Cost:** £30.00 per person (includes all day pass to garden, boat ticket **not** included)

Booking: tresco.co.uk/events

Sunday 16th April

Wildlife Walk

ST. MARY'S

Join Julian Branscombe, IoS Wildlife Trust Chief Executive, for a walk around the Trust's Higher Moors reserve. Look for plants, birds and insects, learn about the work of the Trust, and visit some of St. Mary's top birding sites. This will be a great walk for wildlife lovers. The walk starts in Hugh Town on Holgate's Green and returns via Salakee Down and ends at Old Town Bay.

Guide: Julian Branscombe

Time: 10.00am – 1.00pm

Meet: Holgate's Green, St. Mary's

Length of Walk: 3 hours

Max No People: 30

Family Friendly: Yes

Dogs Welcome: Yes, on leads

Walk Grade: Moderate

Cost: £12 per person (includes donation to the Wildlife Trust)
(boat ticket **not** included)



Seaweed Forage and Pressing Workshop with Molesworth & Bird and Ella of Phoenix & Providence on St. Martin's

ST. MARTIN'S

Meet at the Island Hall for a 10 minute introduction, followed by walk to the beach to collect seaweed. This will take approximately 45 mins. We then go back to Island Hall for a seaweed pressing demonstration, followed by approx 1.5 hours pressing your own specimens. Refreshments will be served.

Guides: Julia Bird, Melanie Molesworth and Ella Mclachlan

Time: 10.00am – 1.00pm **Meet:** St. Martin's Island Hall

Length of Walk: 3 hours **Max No People:** 10

Family Friendly: No **Dogs Welcome:** No

Walk Grade: Easy **Cost:** £65.00 per person
(boat ticket **not** included)





Wild and Scilly Mermaids - Ruth Nicolls

Walk and Wild Swim with Afternoon Tea

ST. MARY'S

Up to 3km ramble to a sheltered bay*, 30 min dip/swim (with lifeguard+rescue board safety cover) followed by cakes and hot drinks on the beach. After the event, you are free to walk back on your own. This event is perfect for people who enjoy a relaxing dip and gentle swim in the sea.

*We decide on the best location several days beforehand so that we can ensure that the swim and afternoon tea location will be sheltered from the weather.

*Guides: Wild and Scilly Mermaids
Ruth Nicholls and Anna McCann*

Time: 1.30pm

Meet: To be confirmed (either Porthcressa, Porthmellon or Old Town - see note above regarding location)

Length of Walk: 1 hour followed by a swim and tea and cake

Max No People: 12 (min 4 required)

Family Friendly: No

Dogs Welcome: Yes

Grade: Moderate

Cost: £32.00 per person
(boat ticket **not** included)

Walk with Meditation & Mindful Movement

ST. MARY'S

A walk using mindfulness to enable you to fully immerse yourself in the beautiful surroundings. Starting with a grounding meditation, we will take an easy walk to a sheltered spot where we can practice some mindful movement (gentle yoga) & some more meditation, followed by gentle walk back.

Guide: Bryony Lishman

Time: 2.00pm

Meet: Porthmellon slipway, St. Mary's

Length of Walk: Half day - finished by 5.30pm latest

Max No People: 10

Family Friendly: Children aged 10+ or by arrangement with Bryony (call 07815 818831 to discuss)

Dogs Welcome: No

Grade: Easy

Cost: £15.00 per person
(boat ticket **not** included)



Uninhabited Samson

SAMSON

An opportunity to find out about the history of Samson with island archaeologist Dr Katharine Sawyer. You will visit both the evocative post-mediaeval houses and the Bronze Age burial chambers, as well as taking in the wonderful views from the hilltops. There are no facilities on the island and there will be a beach landing. Sturdy footwear is essential. Dog owners, be aware that you will be responsible for getting your dog(s) from the boat to the dinghy and from the dinghy to the beach.

Guide: Dr Katharine Sawyer

Time: 2.30pm – 4.45pm

Meet: St. Mary's Quay at 1.45pm or on the landing beach on Samson at 2.30pm

Length of Walk: 2hrs 15mins **Max No People:** 30

Family Friendly: Yes **Dogs Welcome:** Yes, on leads

Walk Grade: Moderate/hard (beach landing from a boat)

Cost: £10.00 per person (boat ticket **not** included)



Monday 17th April

Seaweed Forage and Pressing Workshop with Molesworth & Bird and Ella of Phoenix & Providence on St. Martin's

ST. MARTIN'S

Meet at the Island Hall for a 10 minute introduction, followed by walk to the beach to collect seaweed. This will take approximately 45 mins. We then go back to Island Hall for a seaweed pressing demonstration, followed by approx 1.5 hours pressing your own specimens. Refreshments will be served.

Guides: Julia Bird, Melanie Molesworth and Ella Mclachlan

Time: 10.00am – 1.00pm

Meet: St. Martin's Island Hall

Length of Walk: 3 hours

Max No People: 10

Family Friendly: No

Dogs Welcome: No

Walk Grade: Easy

Cost: £65.00 per person
(boat ticket **not** included)





Wild Tresco

TRESCO

This walk will explore the two largest pools on Scilly during the morning and the contrasting eastern side of the island during the afternoon looking for the varied flora and fauna to be found here. Two separate half day tours.

Guide: Will Wagstaff

Time: 10.30am **Meet:** Carn Near Quay, Tresco

Time: 1.45pm **Meet:** New Inn, Tresco

Length of Walk: Half or Full Day **Max No People:** 20

Family Friendly: Yes

Dogs Welcome: Yes, on leads

Walk Grade: Moderate

Cost: £10.00 per person half day | £20 per person full day
(boat ticket **not** included)

Tuesday 18th April

Uninhabited Teän

TEÄN

This is a rare opportunity to explore this beautiful island with local archaeologist Dr Katharine Sawyer. Teän has a long history of occupation, and this walk will take in sites from the prehistoric period to the 20th century. You will visit a Bronze Age burial chamber, the early mediaeval chapel and cemetery and the remains of houses from the 17th and 18th centuries. There will also be an opportunity to enjoy the views from Great Hill. There are no facilities on the island and there will be a beach landing. Sturdy footwear is essential. Dog owners, be aware that you will be responsible for getting your dog(s) from the boat to the dinghy and from the dinghy to the beach.

Guide: Dr Katharine Sawyer

Time: 2.30pm – 4.15pm

Meet: St. Mary's Quay at 1.45pm or on East Porth, Teän at 2.30pm

Length of Walk: 1hr 45mins **Max No People:** 30

Family Friendly: Yes **Dogs Welcome:** Yes, on leads

Walk Grade: Moderate/hard (beach landing from a boat)

Cost: £10.00 per person (boat ticket **not** included)



Wednesday 19th April



Shipwrecks of St. Agnes

ST. AGNES

Join curator Kate Hale on a walk around St. Agnes to hear the history of some of the islands most noted shipwrecks dating back to the 1500s. You will be introduced to the Museum's Shipwreck Walking Companion App to help visualise where the wrecks are, so please bring your smartphone and help will be on hand to download the App. Includes café stop.

Guide: Kate Hale

Time: 9.30am (or 10.30am if meeting at St. Agnes Quay)

Meet: St. Mary's Town Hall

Length of Walk: Half day **Max No People:** 15

Family Friendly: Yes **Dogs Welcome:** Yes

Walk Grade: Moderate **Cost:** £25.00 per person -
(boat ticket **included**)

Rockpool Safari

ST. MARY'S

Join Scott, Samaya and their family for a rockpool safari where you will discover the amazing marine life that call our shores home. Learn to ID several species of starfish, anemones, urchins and so much more. An amazing experience for both adults and children - it will open a whole new world that you can continue to explore during the rest of your holiday and beyond.

Guides: Scott & Samaya Reid & Family - Scilly Rockpool Safaris

Time: 10.45am – 12.15pm

Meet: Porthcressa Slipway, St. Mary's

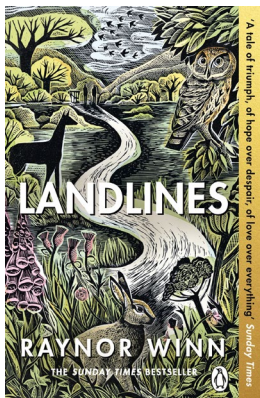
Length of Walk: 1.5 hours **Max No People:** 15

Family Friendly: Yes **Dogs Welcome:** Yes

Walk Grade: Easy

Cost: £9.00 per person | £6.00 children (4 – 16yrs) | Free 3 and under (boat ticket **not** included)





In Conversation with Raynor Winn, Author **ST. MARY'S**

Raynor Winn, author of the international bestsellers *The Salt Path*, *The Wild Silence* and *Landlines*, recounts her most ambitious journeys with husband Moth, travelling from the north-west corner of Scotland to the south coast of Cornwall. Join 'In conversation with Raynor' in the stylish lounge at Tregarthen's Hotel on St. Mary's for an informal hour of insight, beauty and discovery, whilst enjoying a refreshment and nibbles.

Time: 4.30pm – 5.30pm

Venue: Tregarthen's Hotel

Max No People: 50

Family Friendly: No

Dogs Welcome: No

Cost: £25 per head includes a welcome drink and nibbles (boat ticket **not** included)

Thursday 20th April

Low Tide Walk: Tresco to Bryher

TRESCO / BRYHER

Join Scott, Samaya and family from Scilly Rockpool Safaris on a magical guided walk between Tresco and Bryher. Discover the abundance of marine life that is uncovered during the low tide and enjoy the wonderful atmosphere with live music and refreshments on the sand bar - a day you will remember forever. The Wildlife Trust will be on hand with species collection trays, so you can see the wildlife up close (all wildlife will be returned safely).

Guides: Scott & Samaya Reid & Family - Scilly Rockpool Safaris

Time: 10.45am

Meet: Tresco Stores

Length of Walk: 3 hours

Max No People: 15

Family Friendly: Yes

Dogs Welcome: Yes

Walk Grade: Easy

Cost: £16.00 per person | £11.00 children (4-16yrs) | Free 3yrs and under (boat ticket **not** included)



Through the Eyes of an Islander

ST. MARTIN'S

Join Anna Browne, local resident for 25 years to explore her favourite paths and vantage points across St. Martin's on this half day walk. You'll cover Top Rock, flower fields and some of Europe's finest beaches, as she shares her stories of what it's like living as an islander on a remote archipelago. The walk will also include a visit to the Community Observatory and finishes with a light lunch at the Sevenstones Inn. To extend your day even further, choose an additional tour. Anna can take you to your chosen venue before you depart for the boat back to St. Mary's. From 2.30pm, join one of the following experiences:

SC Dogs Distillery - Add £12 per person. Take a guided tour around this charming micro-distillery serving rum and vodka. Includes tasting. No dogs please.

St Martin's Vineyard - Add £12 per person. Visit the wildflower-filled vineyard for an introductory talk by the owner followed by a self-guided tour around the vines, finishing with a tasting flight of four wines. No dogs please.

Guide: Anna Browne

Time: 10.45am – 1.45pm

Meet: Lower Town Quay

Length of Walk: Half day

Max No People: 15 for the walk

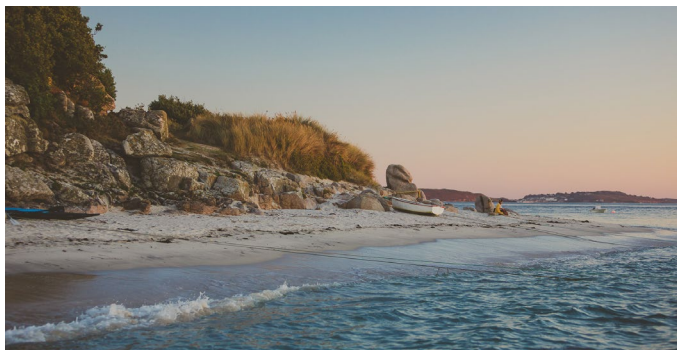
Family Friendly: Yes

Dogs Welcome: Yes

Walk Grade: Moderate/hard

Cost: £12.00 per person

(Additional experiences, lunch and boat ticket **not** included)



Friday 21st April

Wildlife of Bryher

BRYHER

A gentle walk looking at the flora and fauna of Bryher from the Dwarf Pansies to any migrant resident birds we can find, visiting the south end of the island in the morning and to the northern half in the afternoon. There will be a refreshment break at a local eatery. This can be a half day or full day experience.

Guide: Will Wagstaff

Time: 10.15am **Meet:** Bar Quay, Bryher

Time: 1.45pm **Meet:** Entrance drive of the Hell Bay Hotel

Length of Walk: Half or Full Day **Max No People:** 20

Family Friendly: Yes **Dogs Welcome:** Yes, on leads

Walk Grade: Moderate

Cost: £10.00 per person half day | £20 per person full day
(refreshments and boat ticket **not** included)



A Cruise in the Past to Nornour

NORNOUR

This popular cruise combines a boat trip to view grey seals and seabirds in the Eastern Isles with a landing on the uninhabited island of Nornour. Here, local archaeologist Dr Katharine Sawyer will lead a visit to the fascinating prehistoric settlement and Roman period shrine. There are no facilities on the island and there will be a beach landing. Sturdy footwear is essential. Dog owners, be aware that you will be responsible for getting your dog(s) from the boat to the dinghy and from the dinghy to the beach.

Guide: Dr Katharine Sawyer

Time: 10.15am – 12.45pm

Meet: St. Mary's Quay at 9.45am

Length of Walk: 2hrs 30mins

Max No People: 40

Family Friendly: Yes

Dogs Welcome: Yes, on leads

Walk Grade: Moderate/hard (beach landing from a boat)

Cost: £32.00 per person (boat ticket **included**)





Walk and Wild Swim with Afternoon Tea

ST. MARY'S

Up to 3km ramble to a sheltered bay*, 30 min dip/swim (with lifeguard+rescue board safety cover) followed by cakes and hot drinks on the beach. After the event, you are free to walk back on your own. This event is perfect for people who enjoy a relaxing dip and gentle swim in the sea.

*We decide on the best location several days beforehand so that we can ensure that the swim and afternoon tea location will be sheltered from the weather.

*Guides: Wild and Scilly Mermaids
Ruth Nicholls and Anna McCann*

Time: 1.30pm

Meet: To be confirmed (either Porthcressa, Porthmellon or Old Town - see note above regarding location)

Length of Walk: 1 hour followed by a swim and tea and cake

Max No People: 12 (min 4 required)

Family Friendly: No

Dogs Welcome: Yes

Grade: Moderate

Cost: £32.00 per person
(boat ticket **not** included)



PHOENIX & PROVIDENCE

ISLES OF SCILLY SKINCARE AND WELLBEING



Organic skincare from the crystal clear waters of the Isles of Scilly, harnessing the nourishing benefits of salt water and seaweed for skin.

phoenixandprovidence.co.uk



Book your walks and travel

TICKETS

To book tickets, call our friendly Tourist Information Centre on **01720 620600** or email **info@visitislesofscilly.com** or for further information go to visitislesofscilly.com/walkscilly.

All tickets must be paid for at time of booking (by card) **and no refunds will be given unless the walk is cancelled for any reason.**

Lunch/refreshments are not included in the price of walks, unless stated otherwise. Walkers are welcome to bring along their own snacks and pack lunches, and we recommend everyone carries water.

TRAVEL

Isles of Scilly Travel is offering a **10% discount*** on travel throughout Walk Scilly between the 12th and 26th of April, on both Scillonian III and on Skybus flights from Land's End.

Book online here islesofscilly-travel.co.uk

or call **01736 334220** and quote code **WALKSC2023**

*Other offers available - see islesofscilly-travel.co.uk for details.

Boating to off-islands and off island boating

Please note that for off-island walks, boats leave St. Mary's Quay promptly at 10am or 10.15am in the mornings. We advise you to be on the quay by 9.45am. We cannot take responsibility if you miss your walk due to missing your boat to an off-island. You can check boat times by calling into the Tourist Information Centre or following St. Mary's Boatmen's Association on Facebook [@stmarysboatmensassociation](#).

Anyone staying on Tresco, St. Martin's and Bryher who wishes to attend any Walk Scilly event on any of the islands, Tresco Boats and St. Mary's Boating will provide a boating service. Costs may vary.

Anyone staying on St. Agnes who wishes to attend Walk Scilly events on any of the other islands, please contact St. Agnes Boating to discuss your options before you purchase your walking tickets here: [stagnesboating.co.uk](#).

Our Walk Scilly Supporters

We're delighted to be supported by Isles of Scilly Travel, Isles of Scilly Wildlife Trust, and St. Mary's Boatman's Association.

Isles of Scilly Travel are supporting Walk Scilly 2023 with discounted travel tickets. They operate Skybus flights from Exeter, Newquay and Land's End Airports, journeying from 15 minutes to 1 hour, and the Scillonian III passenger ferry from Penzance direct to St. Mary's, March through November, with a journey time of 2 hours 45 minutes. Travel can be booked online at islesofscilly-travel.co.uk | IG: [@islesofscillytravel](https://www.instagram.com/islesofscillytravel).

Isles of Scilly Wildlife Trust, Scilly's only local independent conservation charity, is supporting Walk Scilly through a series of guided walks and by protecting Scilly's pristine natural environment as well as keeping the permissive paths so pristine for us all to enjoy!

ios-wildlifetrust.org.uk | IG: [@ScillyWildlife](https://www.instagram.com/ScillyWildlife).

St. Mary's Boatmen's Association are an association of 10 independently owned boats, operating together from St. Mary's to provide a boating service within and around the Isles of Scilly. They also offer a selection of circular trips to view seals, seabirds, and other wildlife tours.

scillyboating.co.uk | FB: [@stmarysboatmensassociation](https://www.facebook.com/stmarysboatmensassociation).



Keeping Scilly Special

PROTECTING SCILLY'S PRECIOUS WILDLIFE AND BEAUTIFUL LANDSCAPES

The Isles of Scilly Wildlife Trust is Scilly's only local nature conservation organisation. They manage around half of the archipelago covering nearly 700 hectares (around 1,700 acres) of the land, including coastal heaths, maritime grassland, wetlands and mature elm woodland. Chances are that you will see a lot of their tenancy as you explore. Most of their land is always open to the public, but some areas, including several uninhabited islands, are closed to protect seal haul-out sites and breeding seabirds. They also keep over 80km (50 miles) of paths clear to encourage people to explore. You can help our wildlife by respecting these restrictions, sticking to the paths, keeping dogs under close control and taking litter away with you. Thank you.

los-wildlifetrust.org.uk



Isles of Scilly
Wildlife Trust
@ScillyWildlife



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